

31 Days of Real Food Breakfast Ideas

1 Homemade instant oatmeal , dried fruit	2 Cream cheese pumpkin muffins , applesauce	3 Whole wheat waffles , blueberries	4 Oatmeal breakfast bars , pears	5 Breakfast burritos , clementines	6 Raspberry oatmeal bars , bananas	7 Chocolate chocolate chip muffins , apples
8 Easy breakfast casserole , oranges	9 Dark chocolate almond granola , applesauce	10 Scrambled eggs, creamy orange cooler	11 Pancake and sausage muffins , apples	12 Quick mix pancakes , blueberries	13 Homemade poptarts , applesauce	14 Sweet potato streusel muffins , bananas
15 No-knead overnight bread , clementines, scrambled eggs	16 Homemade grape nuts cereal , fruit	17 Peanut butter pancakes , bananas	18 Giant breakfast cookies , pears	19 Crock pot breakfast casserole , cantaloupe	20 Honey cinnamon muffins , pears	21 Quick mix biscuits with peanut butter and honey, applesauce
22 Coconut flour muffins , apples	23 Fried eggs, pineapple mango smoothies	24 Breakfast cake , raspberries	25 Baked oatmeal cups , blueberries	26 Peanut butter chocolate chip muffins , applesauce	27 Scrambled eggs, turkey bacon, hashbrowns , cherries	28 Flaky cream cheese pastry , blueberries
29 Cranberry white chocolate chip breakfast cookies , applesauce	30 Granola , fruit	31 Sweet pepper fritata , fruit				

